

# Tattling or Telling?

## It's TATTILING if...

1. No one is hurt or injured.
2. The person did it by accident and is sorry.
3. This is the first time something like this has happened.
4. You have the power to solve this on your own.
5. Your goal is to get someone in trouble.
6. It's a "So what?" problem.

## It's TELLING if...

1. Someone is hurt and needs help.
2. The person did it on purpose to be mean.
3. There is a pattern to what is going on.  
Nothing you have done has stopped it.
4. You don't have the power to solve this without an adult's help.
5. Your goal is to keep someone safe.
6. It's a "This matters!" problem.

**For more information, visit:  
[bit.ly/endbullying16](http://bit.ly/endbullying16)**